Bibliography

Clinic, M. (Director). (2019, March 28). *Mayo Clinic Minute: Is a rise in teen depression linked to technology, social media?* [Video file]. Retrieved from https://www.youtube.com/watch?v=OnGZ28pviOM

﻿Elizabeth Hummer (Producer), & Glovach, D. (Director). *Depression & anti-depressants in teens*. [Video/DVD] *Aquarius Health Care Media*, 2005, [https://video-alexanderstreet- com.libproxy.lib.unc.edu/watch/depression-anti-depressants-in-teens](https://video-alexanderstreet-com.libproxy.lib.unc.edu/watch/depression-anti-depressants-in-teens)

**Conversation Starter-** What are some of the treatments for suicide?

**Excerpt-** All of clip

Hawton, K., Prof, Saunders, K. E., MRCPsych, & O'Connor, R. C., Prof. (2012). *Self-harm and suicide in adolescents.* Lancet, the, 379(9834), 2373-2382. doi:10.1016/S0140- 6736(12)60322-5

**Conversation Starter-** How does development of a child play a role in these suicidal thoughts?

**Excerpt-** “This vulnerability might be associated with particular developments in the cortical brain regions after puberty. Adolescents might also be more susceptible to negative social cues such as ostracism and the expectations of others.”

Laura Nokes Lang (Producer), Let it not be in vain: *Suicide prevention. Chip Taylor Communications.* 2011, Retrieved from [https://videoalexanderstreetcom.libproxy.lib.unc.edu/watch/let-it-not-be-in-vain-suicide- prevention](https://videoalexanderstreetcom.libproxy.lib.unc.edu/watch/let-it-not-be-in-vain-suicide-prevention).

 **Conversation Starter-** Why do adolescents feel guilty before they commit suicide?

**Excerpt-** All of clip

Memon, A., Sharma, S., Mohite, S., & Jain, S. (2018). *The role of online social networking on deliberate self-harm and suicidality in adolescents: A systematized review of literature.* *Indian Journal of Psychiatry,* 60(4), 384-392. doi:10.4103/psychiatry.IndianJPsychiatry\_414\_17

**Conversation Starter-** What are the true effects of social media and is it worth the risk?

**Excerpt-** “Greater time spent on social networking websites led to higher psychological distress, an unmet need for mental health support, poor self-rated mental health, and increased suicidal ideation. In conclusion, greater time spent on online social networking promotes self-harm behavior and suicidal ideation in vulnerable adolescents.”

Petersen, L., Sørensen, T. I. A., Andersen, P. K., Mortensen, P. B., & Hawton, K. (2013). *Genetic and familial environmental effects on suicide - an adoption study of siblings*. Plos One, 8(10), e77973. doi:10.1371/journal.pone.0077973

**Conversation Starter-** What are the main causes of suicide?

**Excerpt-** “Genetic influences make a major contribution to risk of suicide, which may occur independent of known psychiatric disorder. This is important because it not only increases our understanding of influences on risk of suicide, but also has implications for provision of advice to families with a history of suicide, including possible preventive initiatives.”

Ramchand, R., Franklin, E., Thornton, E., Deland, S., & Rouse, J. (2017). *Opportunities to intervene? “Warning signs” for suicide in the days before dying.* *Death Studies,* 41(6), 368–375. <https://doi-org.libproxy.lib.unc.edu/10.1080/07481187.2017.1284956>

**Conversation Starter-** What were some of the warning signs of someone who is suicidal?

**Excerpt-** “To validate warning signs for suicide, researchers interviewed 20 respondents, representing 17 suicides in Orleans Parish, Louisiana, about characteristics of the decedent in the year, month, and days preceding the death. Decedents did exhibit behaviors consistent with existing warning signs, but these were rarely new behaviors present 7 days prior to the suicide but not previously.”

Richeport-Haley, M., & Haley, J. (Directors). (1999). *A case of Depression* [Video file]. *Triangle Productions*. Retrieved from <https://video-alexanderstreet-com.libproxy.lib.unc.edu/watch/family-therapy-at-a-distance-a-case-of-depression>

**Conversation Starter-** Does having a family line of depression increase your chances? **Excerpt-** All of Clip

Valenstein, M., Kim, H. M., Ganoczy, D., McCarthy, J. F., Zivin, K., Austin, K. L., . . . Olfson, M. (2008;2009;). *Higher-risk periods for suicide among VA patients receiving depression treatment: Prioritizing suicide prevention efforts.* *Journal of Affective*

*Disorders,* 112(1), 50-58. doi:10.1016/j.jad.2008.08.020

**Conversation Starter-** How does anti-depressants play on the prevention of suicide

**Excerpt-** “To have the greatest impact on suicide, health systems should prioritize prevention efforts following psychiatric hospitalizations. If resources allow, closer monitoring may also be warranted in the first 12 weeks following antidepressant starts, across all age-groups.”