Annotated Bibliography

Opioid Overdose Crisis (2020, May 27). Retrieved from <https://www-drugabuse-gov.libproxy.lib.unc.edu/drug-topics/opioids/opioid-overdose-crisis>

**Conversation Starter: What are safe alternatives to opioids?**

**Quotation: “**The misuse of and addiction to opioids—including [prescription pain relievers](https://www-drugabuse-gov.libproxy.lib.unc.edu/publications/research-reports/misuse-prescription-drugs/what-classes-prescription-drugs-are-commonly-misused), [heroin](https://www-drugabuse-gov.libproxy.lib.unc.edu/drugs-abuse/heroin), and synthetic opioids such as [fentanyl](https://www-drugabuse-gov.libproxy.lib.unc.edu/drugs-abuse/fentanyl)—is a serious national crisis that affects public health as well as social and economic welfare”

This article outlines the cause of the opioid crisis and how it changed as the years progressed. This article also explains what the National Institute on Drug Abuse and the Health and Human Services are doing about the crisis. This is important in understanding what we can do to change the epidemic by analyzing its start from the source.

Assistant Secretary of Public Affairs (ASPA). (2019, Sept. 4). What is the U.S. Opioid Epidemic? Retrieved from <https://www-hhs-gov.libproxy.lib.unc.edu/opioids/about-the-epidemic/index.html>

**Conversation Starter: Do you think that people thought the opioid crisis would have gotten this bad, this fast?
Quotation:** “Opioid overdoses accounted for more than 42,000 deaths in 2016, more than any previous year on record. An estimated 40% of opioid overdose deaths involved a prescription opioid.”
This article gives links, tips, and information about the opioid epidemic in order to help others understand what it consists of. This text also provides tips on how to deal with opioids and opioid addiction. This is useful in our research in that it gives statistical evidence that supports that this is a serious issue.

Dean, A., & Kimmel, S. (2019, May 23). Free trade and opioid overdose death in the United States. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6606896/>

**Conversation Starter: How do you think the loss of opioids would affect the economy?**

**Quotation:** “Trade-related job loss is a distinct phenomenon that represents the closing of local factories and the loss of relatively well-paid manufacturing jobs, and also disproportionately harms the same region and demographic group at the heart of the opioid epidemic”

This article analyzes how free trade is impacted by the opioid epidemic and vice versa. This is important because it gives an economic standpoint of the crisis. It also gives us a perspective about the dynamics of the crisis per state.

Kennedy-Hendricks, A., Busch, S. H., McGinty, E. E., Bachhuber, M. A., Niederdeppe, J., Gollust, S. E., . . . Barry, C. L. (2016, May 21). Primary care physicians' perspectives on the prescription opioid epidemic. Retrieved from <https://www.sciencedirect.com/science/article/abs/pii/S0376871616301168>

**Conversation Starter: How do you think doctors feel about prescribing opioids, knowing that there is a crisis at hand?**

**Quotation: “**Respondents largely attributed the causes of prescription opioid use disorder to individual-oriented factors and certain physician-oriented factors, and believed that individuals with prescription opioid use disorder and physicians were primarily responsible for addressing the problem.”

This article gives an important perspective about how medical professionals feel about the opioid crisis. It helps us understand the impact that they may have on providing addicts with the drugs. Additionally, it gives us surveys and experiments in order support the information provided.

Opioid addiction - Genetics Home Reference - NIH. (2020, June 23). Retrieved from <https://ghr.nlm.nih.gov/condition/opioid-addiction>

**Conversation Starter: Would the opioid addiction be as bad if it was not coupled with other drugs?
Quotation:** “Many prescription opioids are misused or diverted to others. Individuals who become addicted may prioritize getting and using these drugs over other activities in their lives, often negatively impacting their professional and personal relationships.”

This article defines what an opioid addiction consists of. It gives a clear understanding of the causes, diagnosis, patterns, and much more. This is important because it outlines the genetics behind the opioid crisis and how it can be passed down. It also gives tips for the future.

Who Opioid Addiction Affects: Getting Help for Opioid Abuse. (2020, April 30). Retrieved from <https://www.rehabspot.com/opioids/who-addiction-affects/>

**Conversation Starter: How does opioid addiction affect different sexual orientations?**

**Quotation:** “11 million American men and women use Opioids that were medically prescribed, and 1 million abused Heroin. 23% of people who try Heroin develop a life-altering addiction. Synthetic opioid-related deaths increased by 57% between 2010 and 2015.”

This article outlines all of the different types of opioids. It also gives a description of what each of them is. More importantly, it explains how easy it is to obtain the opioids.

YouTube Links

<https://www.youtube.com/watch?v=-oHUNpHzIA0&feature=youtu.be>

**(Entire Clip)**

**Conversation Starter Question: What is something that Mike might say to the new users? Does he have any regrets?**

This clip shows a former opioid user, Mike, who explains how opioids have affected his life. He explains how he felt after he was prescribed the medications and how he felt after the addiction took its course. This video is useful in giving the perspective of the user.

<https://www.youtube.com/watch?v=pf41AGO_CFU&feature=youtu.be>

**(0:26-0:56)**

**Conversation Starter Question: Do you think doctors feel guilt about providing some patients with drugs that caused an addiction?**

This clip is a physician’s perspective on the opioid epidemic. She explains that there are many treatments for opioid addictions. She also expresses her support for users who are seeking help with addiction.

<https://www.youtube.com/watch?v=QaBfphZ43mM&feature=youtu.be>

**(0:39-1:02)**

**Conversation Starter: What are some effective ways to prevent opioid addiction, or reduced the amount of addictions?**

This clip explains the Pitt Public Health initiative, which aims to prevent opioid addiction. This explains the possible factors that may help others realize they have an addiction, while also helping them cope with the addiction.